

# Dancing Ribbons

Suitable for ages: 18 months+ (due to choking hazard)



The dancing ribbons (6 pack) consist of 6 strong, woven nylon hand straps, each with 1 metre long strands of colourful ribbon. These offer opportunities for music, movement and physical play.

**Always use under adult supervision.**

## Key learning this resource may support:

The dancing ribbons offer many opportunities for children to engage in play and exploration which supports **physical development** such as gross motor skills, spatial awareness and fine motor skills.

**Social and emotional development** may be supported as children engage with the ribbons in a way which encourages body awareness, individual expression and communication.

## Suggested starting points for engagement:

Practitioners should firstly consider how this resource can be used to support children at their current levels and also offer a gentle extension to their learning as and where appropriate.

- The practitioner may use different types of music and movements to encourage the children to move in a way that they like, responding to variations in the music for example, tempo and pace.
- Children who wish to may lead a small group by providing suggested movements using the ribbons.
- It is important to note that if you have a child with limited mobility please adapt the use of the ribbons to suit their individual needs. For example, have all children sitting on the floor and following music with a steady beat.

