

# Massage Kit

Suitable for ages: 3+



The massage kit is designed to stimulate the senses and consists of rollers and soft brushes, made from natural wood and can be used for sensory exploration by children under adult supervision.

**Please ensure that items are checked regularly for loose parts and breakages and disposed of appropriately. Not a toy, use under adult supervision.**

## Key learning this resource may support:

The massage kit provides opportunities for children to engage in **sensory exploration** such as touch.

**Social and emotional development** may be supported for children who find using the massage kit a calming and relaxing tool, which is positive for their wellbeing.

**Physical development** such as body awareness and development of gross motor skills may be supported by use of this kit.

## Suggested starting points for engagement:

Practitioners should firstly consider how this resource can be used to support children at their current levels and also offer a gentle extension to their learning as and where appropriate.

- Practitioners should always ensure that use of the massage kit is always given or received with explicit permission by the child.
- The practitioner may follow a child's lead in how they use the massage kit. For example, a child indicating how they would like to use these materials. Children may like to use the massage kit on each other.

