

# Sensory Bubble Hourglass

Suitable for ages: 3+



The sensory, liquid, hourglass shape contains colourful bubbles that fall and bounce to the bottom. They contain colourful oil and water. Approximately 7cm x 4.5cm.

**Each pack will contain one Sensory Bubble Hourglass. Colours may vary.**

## Key learning this resource may support:

The sensory bubble hourglass can be used to provide a visual **sensory experience** for children.

**Communication skills** may be supported if the bubble hourglass is used by a child to express their needs and desires in terms of time.

**Social and emotional development** as the bubble hourglass supports children to identify and manage transitions within the daily routine and have a greater sense of control.

## Suggested starting points for engagement:

- An hourglass can be used to support an individual child who may need a visual representation during transitions between activities during the daily routine.
- A child with a particular interest, focus or challenge within the daily routine may find the visual representation of time helpful and the liquid motion of the hourglass can have a calming effect and reduce stress or anxiety.
- The bubble hourglass can be used by individual children as a visual aid to help maintain attention, focus and as a sensory experience in itself.
- Consider other materials that can be used to make similar sensory objects such as water bottles containing glitter, oil and photographs.

