

# Therapy Putty

Suitable for ages: 3+



Therapy putty has different levels of resistance which are based upon colour Yellow=Soft, Red=Soft/Medium. The putty maintains its consistency through prolonged use, is unscented and non-toxic. Each pot contains 57g.

**Please ensure the container is sealed tightly after use to maintain the consistency of the putty. Not a toy, use under adult supervision.**

**Each pack will contain one tub of Therapy Putty.**

## Key learning this resource may support:

Opportunities for **sensory experiences**.

**Physical development** such as developing fine motor skills and hand strength.

**Social and emotional development:** The putty can act as a fidget toy for individual children and offer opportunities for children to self soothe.

## Suggested starting points for engagement:

- Consider placing small objects within the putty, roll in to a ball and encourage a child to guess what might be inside and pull it apart to find out. The child may then wish to choose an item of their liking to put inside. Be aware of opportunities to encourage cooperative play as children may engage in exploration together.
- An individual child may benefit from smoothing the putty out, an action which works different hand muscles and provides a sensory experience. Children may then choose how they use the putty next.
- Use the putty to provide an opportunity to engage in open ended play as children are supported to manipulate the putty in their own way.

**Be aware that not all children will enjoy using the putty and offer alternatives.**

